





## PURPLE **SMOOTHIE**





1 minute



## Method

Blitz together in a high-speed blender/juicer. Serve straight away.

Wholesalers list: http://www.koppertcress.com/en/resellers **Brochure:** http://www.koppertcress.com/en/downloads **Further recipes:** http://www.koppertcress.com/en/recepten

## **Ingredients**

- 1 punnet Sakura Cress
- 30g Fresh ginger

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- 100g Blueberries
- 100g Blackberries
- 1 tsp Honey or agave syrup (VG)
- 250ml Rice gluten free milk



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