

Recipe 2 - White fish ceviche with Oyster Leaves, Salty Fingers® and BlinQ Blossom®

Servings

Two

Ingredients

■ 80 g Fresh monkfish fillet (or any other boneless skinless white fish)

■ ½ x Lemon zest and juice

■ ½ x Lime zest and juice

■ ½ x Orange zest and juice

■ ½ x Passion fruit scraped

■ 1/4 x Pink grapefruit segmented cut into three

■ ¼ x Piece red onion

■ I pinch Fine sea salt

■ 2 pieces Salty Fingers®

■ 2 pieces BlinQ Blossom®

2 pieces Oyster Leaves

Method

- Finely slice the fish and lay in one layer onto a flat plate/tray.
- Zest and squeeze the citrus fruits into a small bowl, adding the grapefruit cut segments, passion fruit, thinly sliced red onion and pinch of sea salt. Mix and spoon over the top of the fish this will cook or cure the fish.
- Cover and set aside in the fridge for at least 30 minutes until the fish has turned opaque it's now cooked/cured and is safe to eat.
- Divide the fish between two small serving plates and place the Salty Fingers®, BlinQ Blossom® and Oyster Leaves on top.
- Taste and then write down how you think the dish tastes, describing the different elements.